

Service Continuum

Level II Group Home
Structured Apartments
Semi-Independent Apartments
Therapeutic Foster Care Home
Assistance with Self-Administration
of Medication
Vocational Assistance
Activities of Daily Living
Art and Music Classes
Education (GED/Post-Secondary)
Healthy Leisure Skills
Social Skills
Transportation

Community Resources

Cultural Events in the Tucson Community
Jewish Family and Children's Services
Pima Community College
Tucson Indian Center
Tucson Museums, Music and Art Events
Tucson Parks and Recreation Department
University of Arizona
Vocational Rehabilitation
YMCA

Funding Sources

Cochise Health Systems (CHS)
CODAC
COPE
Department of Economic Security/
Division of Developmental Disabilities
La Frontera
Native American Behavioral Health Entities
Northern Arizona Regional Behavioral
Health Authority (NARBHA)
Pima Health Systems (PHS)
Private Funding and Donations
Providence
Southeastern Arizona Behavioral
Health Services (SEABHS)



Referral Process

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Adult Residential Program



Building:
COMMUNITY
FUTURE
SELF CONFIDENCE
EMPOWERMENT
INDEPENDENCE

Intermountain Centers for Human Development





Adult Residential Program

The mission of Intermountain Centers for Human Development is to provide the highest quality, community-based, individualized services in the most cost-effective manner to at-risk populations.

Since 1978, Intermountain Centers for Human Development's Adult Residential Program has employed positive behavioral treatment strategies within its strength-based, culturally sensitive residential programs. After an initial, individualized assessment of strengths and needs, a personalized treatment plan is devised for each client. The Intermountain direct care staff members utilize the Wraparound model to work with individuals over 18 years of age who have been diagnosed with serious mental illness in developing the ability to:

- Identify and utilize community resources*
- Develop independent life skills*
- Implement skills of recovery*



Kiva House

Kiva House is a group home that serves adults who have been dually diagnosed with Serious Mental Illness and co-occurring concomitant disabilities and require intensive residential services, 24 hours a day. The staff members support the residents in developing and maintaining their maximum level of function by encouraging participation in the community (often through educational programs or employment,) by providing exercise and recreation opportunities, by providing individual and group counseling, and by involving them in cooking, cleaning and shopping. Kiva House staff members utilize a wide variety of local community resources in order to meet each resident's individual needs and interests.

Kiva Apartments

Adjacent to Kiva House, the Kiva Apartments offer a semi-independent setting focused on providing seriously mentally ill residents with the skills necessary to increase their self-sufficiency, allowing them to live independently within the community. Clients reside in and maintain their own apartments with 24 hour a day staff support available to them. Direct care staff members promote life skills from cooking and cleaning to navigating the public transportation system, as well as budgeting and menu planning. A coordinator is on site to advocate for the residents and facilitate their interactions with community agencies. Residents take part in a variety of group educational and recreational activities, and access a myriad of community educational and vocational resources.



Vida Nueva Apartments

In the Vida Nueva Apartments, each resident is assigned an apartment and is provided a level of supervision that is tailored to his/her needs, from one to one staffing to semi-independent living. Typically clients have a co-occurring diagnosis of a serious mental illness and either a head injury, developmental disabilities or substance abuse. The residents decorate and maintain their own apartment, prepare their own meals – with or without staff assistance, enjoy visits from family members, study for classes, engage in recreational and leisure activities, and participate in community-based social activities. Residents often use public transportation to commute to day programs, schools, and jobs. In keeping with individual treatment plans, staff members supply services ranging from promoting life skills to providing crisis intervention.

Therapeutic Foster Care

Therapeutic Foster Care providers allow adults diagnosed with a serious mental illness the opportunity to live within a family in the Tucson community. The families offer consistency, structure and support to the clients while they learn to function as part of a family. The Foster Care providers assist their client(s) in achieving his/her personal and individual treatment goals and objectives. The providers foster greater independence and self-sufficiency in their residents, promoting their involvement in community activities and events that are educational, recreational and pro-social. The individuals placed in Therapeutic Foster Care are provided encouragement and support to participate in activities that build on their strengths and enhance their lives.